## MENU

## boxed lunches and salads

SMALL BOXED LUNCH

Includes Sandwich, Potato Chips and Cookie

## MEDIUM BOXED LUNCH

Includes Sandwich, One side (choice of Pasta, Potato or Fruit Salad),
Cookie or Brownie

## LARGE BOXED LUNCH

Includes Sandwich, Two sides (choice of Pasta Salad, Potato Salad, Fruit Salad or Chips) \& Cookie or Brownie

## SANDWICHES

- Turkey, Ham or Roast Beef with Cheese and Lettuce
- Prosciutto \& Salami, Mozzarella, Spring Mix with Salsa Verde
- Herbed Grilled Chicken, Bacon, Roasted Tomatoes \& Avocado Spread
- Grilled Buffalo Chicken Wrap, Spring Mix, Red Onion, Cheddar \& Ranch
- Vegetable Wrap with Ranch
- Hummus Sandwich with Grilled Vegetables \& Feta
- Vegetarian Grilled Eggplant Sandwich, Tomato, Mozzarella, Pesto on Focaccia


## ENTREE SALADS <br> Includes focaccia bread and cookie or brownie

- Grilled Chicken Caesar Salad with Romaine, Croutons \& Shredded Parmesan Cheese
- Southwest Grilled Chicken with Mesclun Mix, Avocado, Red Cabbage, Tomatoes \& Cucumber
- Blackened Chicken with Cheddar Cheese, Peppers, Grape Tomatoes, Cucumbers, Green Onions and Chipotle Ranch Dressing
- Mixed Greens with Grilled Chicken Breast, Black Beans, Quinoa and Cilantro Vinaigrette
- Greek Chicken Salad with Marinated Grilled Chicken, Tomato, Cucumber, Banana Peppers, Marinated Artichokes \& Feta with Red Wine Dressing
- Southwest Grilled Shrimp with Shaved Cabbage, Radish, Avocado, Grape Tomatoes, Cucumber and Chili Lime Vinaigrette Dressing
- Hot Smoked Salmon Caesar with Romaine, Croutons \& Shredded Parmesan Cheese
**Any salad can be vegetarian by omitting protein Gluten free \& vegan cookies available upon request Gluten free bread \& pasta available upon request


## SALAD BARS

- Italian Salad Bar - Romaine \& sweet and crispy lettuce, arugula, fresh mozzarella, grape tomatoes, croutons, salami, Parmesan cheese, cucumbers, red peppers, carrots, and fennel with Roasted Tomato Dressing and Balsamic Vinaigrette.
- Southwest Salad Bar - Mixed lettuce, avocados, tomatoes, cheese, red and yellow peppers, grilled corn, black beans, pickled red onions, pickled jalapeños, fried tortilla strips, \& sour cream with Cilantro Vinaigrette and Chili Lime Vinaigrette
- Greek Salad Bar - Mixed lettuce, cucumbers, tomatoes, feta cheese, olives, red onions, artichokes, garlic roasted chickpeas, red and yellow peppers, banana peppers, pita chips with Red Wine Vinaigrette, Italian Dressing or Ranch Dressing.
- Harvest Salad - Romaine \& sweet and crispy lettuce, baby spinach, grape tomatoes, alfalfa sprouts, broccoli, roasted Brussels sprouts, roasted butternut squash, roasted beets, red and yellow bell peppers, candied pecans, farro and Apple Vinaigrette, Maple Balsamic Vinaigrette, Italian Dressing or Ranch Dressing.
- Taco Bar - Seasoned Ground Beef, Shredded Beef or Shredded Chicken with Shredded Cheese, Sour Cream, Pico de Gallo, Lettuce, Spanish Rice and Refried or Black Beans.
- Garden Salad Bar - Mixed Greens, Cucumber, Carrots, Tomatoes, Peppers, Hard Boiled Egg, Cheese and Croutons. Italian and Ranch Dressing.

Salad Bars Include Choice of 2 Dressings
Add Chicken, Steak, Shrimp or Salmon for an additional charge.

## LOADED BAKED POTATO BAR

- Large Baked Potatoes with Butter, Sour Cream, Bacon, Broccoli, Cheese and Scallions

